



Salud News

SUMMER 2011

OUR MISSION IS TO REDUCE DISPARITIES IN HEALTH CARE BETWEEN
INSURED AND UNINSURED IN THE ESTES VALLEY

NEW DOC ON THE BLOCK

April arrived and with it came **Dr. Steven Mlodinow** (“mah-LAHD-in-off”) as the new Family Medicine provider at the Estes Park facility. He has special interests including sports medicine, allergy and sinus disease and values the critical role of preventive medicine in a patient’s ongoing health.

Dr. Mlodinow grew up in Chicago and earned his undergraduate degree from the Bowdoin College in Maine and attended the University of California at San Diego for Medical School. Dr. Mlodinow performed his residency in Family Medicine at Long Beach Memorial Medical Center. Prior to joining Salud, he was practicing in Everett, Washington, outside of Seattle.

Dr. Mlodinow is excited to join Salud Family Health Centers, to provide quality health care in a mission-driven setting. He is looking forward to establishing partnerships with patients that improve their health and lives and he is looking forward to working with colleagues who are skilled, talented and caring. To schedule an appointment with Dr. Mlodinow, please call (970) 586-9230.



Dr. Steven Mlodinow: “I enjoy caring for patients from all age ranges and backgrounds. I think the best part about working to deliver health care to families is the relationship providers get to build with patients. I enjoy getting to know my patients, and working in a primary care setting such as Salud gives me the opportunity to do exactly that.”

RECENT HEALTH SCREENINGS

During March 2011 the Salud Health Center offered the special, annual \$10 heart screenings to the public. After 12 hours of fasting, one blood draw taken was analyzed by a commercial lab. The results were mailed to participating individuals for information and for sharing with one’s own doctor. Advertising for this opportunity was via the two local newspapers during the whole month of March. While the internal cost to provide this screening is more than \$10 per individual, the Salud Foundation provided the balance of the cost to benefit those in the Estes community.

In June 2011 another annual screening offered to the public was skin cancer screening. Also advertised via the local newspapers, this screening was offered by appointment on 2 different days: June 15 and 16 from 1-4 pm.

The staff of the Estes Park Salud Family Health Center is proud to offer periodic screenings as a public service to the Estes Valley community. These opportunities are always listed in area newspapers.

PATIENT HEALTH ADVOCATE

By the end of August, Estes Park Salud will welcome CHASSIDY GLAZE to our staff as a Patient Health Advocate. In this role she will be helping patients with questions they may have in the areas of diabetes, smoking cessation, diet and exercise, and other subjects as well.

For the past year, Chassidy has been working for AmeriCorps at Salud’s Fort Morgan clinic. She is currently undergoing intensive training by Salud in Fort Lupton to further prepare her for this position. We look forward to having Chassidy join our staff to provide even better service to the Estes Valley community.

Salud Family Health Centers provide quality, comprehensive primary care including medical, dental and behavioral health services, regardless of ability to pay. Salud offers a sliding fee scale and accepts most private insurance, Medicaid and CHP+.

CURRENT STATUS OF HEALTH CARE REFORM

At the March 23rd gathering of **The League of Women Voters in Estes Park**, two local professionals talked about the current status of health care reform and how reform may affect the EPMC (Rob Austin) and Salud Family Health Center (Eileen Flaherty). Below is a summary of Eileen's points specific to Community Health Care Centers, of which Salud is one.

“National Health Care Reform (NHCR) and Community Health Centers (CHC)”

The NHCR that has been approved, plans to add another 32 million people, those who are currently underserved by the health care system, to the individuals and families currently covered by health insurance.

The plan is to allow these individuals to obtain timely, high-quality affordable health care and reduce the number and severity of the illnesses currently being seen in Emergency Rooms and hopefully reduce the overall cost of health care in the country. However, one of the concerns of adding more people to those already covered is where will they get their care in today's environment strapped for primary care providers?

NHCR is planning to change the medical landscape for those who need it the most and to increase the number of providers supplying this care.

The Community Health Center Trust Fund is to provide \$11 billion over five years in new funds for CHCs, of which

\$9.5 is to sustain or expand CHC operations through Medical, Dental or Behavioral Health development. The other \$1.5 billion is for capital improvements, expansions and new construction.

Medicaid eligibility will be raised to 133% of the Federal Poverty Level which will open this program to more low income people in Colorado.

Over the next five years, \$1.5 billion will be targeted to expand the National Health Service Corps. This will bring more primary care providers, dental and mental health professionals to the areas currently underserved in rural and urban areas of the state.

It will provide grants to let CHCs setup residency programs allowing them to train the next group of providers that will staff the Community Health Centers of tomorrow.

Depending on state regulations, it will require private insurers to participate in a state exchange that must contract with CHCs and pay federally mandated “cost-based reimbursement” to the CHCs. However, if the states can come up with a program to meet these requirements in a similar fashion, they can opt out of this portion of the bill, which Colorado is trying to do.

However, there is no way to tell how much either Colorado or Salud will get from this funding. The plan is to award the dollars on a competitive basis; the impact at this point is unclear.

HEALTHIEST STATE IN THE NATION?

That might not be saying much. Over the past three decades, childhood obesity rates in the United States has tripled. Nearly one in three children in America are overweight to obese. Though Colorado has the lowest incidence of obesity, there is still reason for concern. In Larimer County, 25 percent of children are overweight or obese, and 50 percent of adults are, too. Weld County's rates are even higher.

— *from Northern Colorado Medical & Wellness(.com) 2011*

A BREATH OF SUMMER AIR

The staff sends out a big THANK YOU ! to Richard Fryzek for the donation of his handcrafted picnic table. In the last newsletter, this item was on the wish list. And the wish came true. Staff members can enjoy using this table to enjoy the beautiful outdoors during breaks or lunch. This is a wonderful addition to work life at the clinic. Honk your horn and wave when you're on Dry Gulch Road and you spy a staffer at the picnic table!

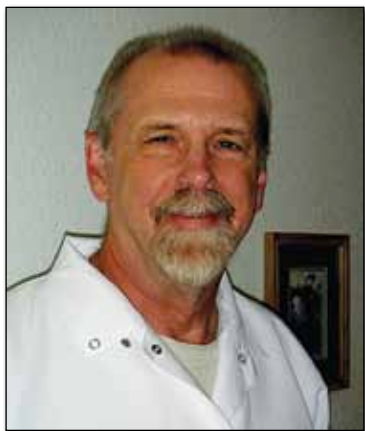


Gabby De Paiva and Denise Anderson and new table

Photos Courtesy of Rip Tragle

Go to www.EPSalud.org to: ① Donate On-Line, ② Become a Dream Builder, or ③ Learn More About Salud

DENTAL SCREENING IN EP SCHOOLS



Richard Villemonte, DDS

On April 14th over 100 children from both the elementary and middle schools attended a free dental screening. Four local dentists and Salud's Dr. Richard Villemonte collaborated to benefit the needs of the children. This is the 4th year that the Estes Park Kiwanis Club and the school nurse, Theresa Oja, organized this effort. There were fewer kids with severe problems, which hopefully means that previous screenings have been successful in getting children treated, which is the objective of the program.



MORE NEW FACES

Salud welcomes TIM HITCHCOCK as the new business manager. Tim took the reins from a now happily retired Paula Peat Page Martin in February. He's an "old hand" now, keeping everything running smoothly. Tim commutes the Big T Canyon each day from his home in Loveland. Tim's additional skills include being an EMT.

And a big welcome to STEPHANIE WHITFIELD as Patient Services Representative.



Stephanie Whitfield



Tim Hitchcock

SALUD FOUNDATION NEWS

Each June 1st begins a new fiscal year for the Foundation board. As we wrap up budget summaries of old, we begin planning anew for the year(s) ahead.

The board members have assembled a new Strategic Plan to work from and look forward to refreshing and formalizing our on-going education and fund raising responsibilities to benefit the local community and the health center.

We are thrilled with the June addition of two new board members:

John Cooper, MD: A well-known face around Salud, Dr. Cooper has volunteered pediatric services to Salud for the past eight years. He is a retired U.S. Army Medical Corp officer, maintained a private practice in Greeley for 25 years, and continued working at the Estes Park Medical Center after

he and his wife, Dona, moved to Estes Park in 1992.

He served three years as Chief of Staff at EPMC. Although now "retired" he is currently a member of the Estes Park Medical Center Foundation Board and other health-related boards. He will be a great asset to the board for his medical background, specific Salud provider experience, and overall interest in health practices in our valley.

Marjorie Corcoran: Ms. Corcoran brings vast financial experience to this board. In Chicago, she was chief financial officer for the Chicago, Central and Pacific Railroad and was involved with three other freight railroads in Michigan and Ohio. After moving to Estes Park, she has owned/ or managed restaurants, catering firms and rental units. Most recently she was owner/manager of Mountain Home

Cafe from 2003 to 2008. She has volunteered her business experience to several local non-profit boards: Estes Valley Land Trust, Women's Club, Estes Park Music Festival Board, Habitat for Humanity, and Rotary Club of Estes Park, among others. We are happy to have her business acumen added to the responsible and smooth financial operation of the Foundation.

Both new board members join the current board: Dale Beck, Bruce Brown, Ingrid Hagen, MD, Rich Mitchell, Mark Richards, MD, Mary Scott, Pete Sumey and Janet Urban.

For the new fiscal year beginning June 1st the Foundation officers are: Mary Scott, President, Bruce Brown, Vice-President, Ingrid Hagen, Secretary, Janet Urban, Treasurer.



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The Salud Foundation Board is thankful to many people, churches, businesses, clubs and the town government and in the Estes Valley and beyond who continue to assist our Salud financially. This local support is why the larger Salud de Valle organization of Northern Colorado remains committed to the welfare of our Estes Park neighbors and keeps the clinic under its umbrella. And please: if you see a clinic staff member or volunteer doctor out and about, please take a moment to thank him/her for the dedicated work accomplished each day.



Yes, I want to help! Enclosed is a donation for OPERATIONS, ENDOWMENT or CRISLIP FUND (circle one)

___ \$50 ___ \$100 ___ \$250 ___ \$500 ___ Other

Please make checks payable to: Estes Park Salud Foundation

100% of donations are tax deductible. DONATE ON LINE AT WWW.EPSALUD.ORG

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